

Branching Out is a multi-faceted service which offers a variety of enhanced therapeutic services, such as group and individual therapy, to meet the needs of youth and their families.

# ATTACHMENT TRAINING

Loving our  
attachment-  
challenged  
kids!



For more information  
or to make a referral,  
contact:

Branching Out  
29 Crescent Hill Drive North  
Brampton, Ontario  
L6S 1C6  
905-799-7589

[info@branchingout1.com](mailto:info@branchingout1.com)

The cost for one session is \$25

This group offers a parent education component, (based on the attachment work by Daniel Hughes) as well as the opportunity for members to share peer support. Current foster parents have identified that they are finding it helpful to learn "new tools" that they can utilize to both set their children up for success and avoid caregiver burnout.

We have had an excellent response to this program. Consequently, current participants are open to having new members attend. There is a revolving intake for this group given that we know foster parents are often busy taking their children to various community programs. However, we would like foster parents to pre-register for the nights that they can attend so we have the required amount of resources to share.

These sessions will take place at the Branching Out office from 7:00PM - 9:00PM on September 14<sup>th</sup>, October 12<sup>th</sup>, November 9<sup>th</sup> and December 14<sup>th</sup>, 2010.

[www.branchingout1.com](http://www.branchingout1.com)

