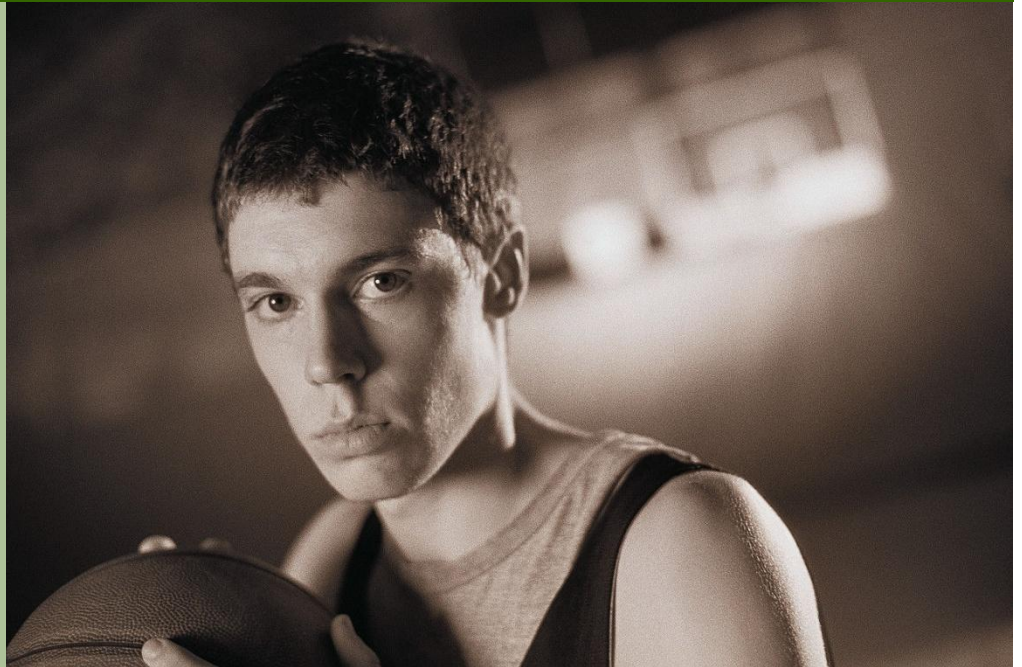


Branching Out is a multi-faceted service which offers a variety of enhanced therapeutic services, such as group and individual therapy, to meet the needs of youth and their families.

ANGER MANAGEMENT

Anger can be contagious!



For more information
or to make a referral,
contact:

Branching Out
29 Crescent Hill Drive North
Brampton, Ontario
L6S 1C6
905-799-7589

info@branchingout1.com

Each 6-week program costs
\$195 per participant.

After you have lost your temper, how do you feel?

Have you seen people hit, kick or bully each other?

Are you worried about losing your temper?

Anger can feel contagious but there are ways to manage it!

- You will meet five other kids who are struggling with their feelings
- You will identify your strengths
- You will identify that you can get help from others
- You will identify your future goals
- You will recognize that you are not alone

www.branchingout1.com

