

Branching Out is a multi-faceted service which offers a variety of enhanced therapeutic services, such as group and individual therapy, to meet the needs of youth and their families.

# BULLYING PREVENTION

You can  
choose to do  
something  
about  
bullying.



Bullying can be contagious. If your child has witnessed bullying or been bullied, this group is an opportunity for them to connect with other children/youth.

Youth will:

- make a safety plan
- feel more self-confident
- utilize self-esteem strategies
- learn how to walk away and find a safe adult

Branching Out has been approved by the Ontario Ministry of Education to provide bullying prevention programs to children and parents.

Call to inquire about presentations at your school.

For more information  
or to make a referral,  
contact:

Branching Out  
29 Crescent Hill Drive North  
Brampton, Ontario  
L6S 1C6  
905-799-7589

[info@branchingout1.com](mailto:info@branchingout1.com)

This workshop can be offered  
within the school system or  
individually.

[www.branchingout1.com](http://www.branchingout1.com)

