

Branching Out is a multi-faceted service which offers a variety of enhanced therapeutic services, such as group and individual therapy, to meet the needs of youth and their families.

COUNSELLING

Taking steps
to improve
YOU!



Counselling can address unresolved issues that get in the way of your current goals and day-to-day relationships or can be based on current issues that you want to tackle in big or small ways.

At Branching Out, we see our counselling role as being that of a “guide” to the journey of each person who feels challenged to shape or adapt their present as well as their future.

We have clinicians who are trauma specialists, life skill coaches and therapists who have experience in Parent Education, Family Counselling or Individual Therapy with people of all ages. Sessions begin with an intake session where counselling goals are identified and future sessions are then scheduled.

For more information
or to make a referral,
contact:

Branching Out
29 Crescent Hill Drive North
Brampton, Ontario
L6S 1C6
905-799-7589

branchingout1@sympatico.ca

Each session costs
\$65 per participant.

www.branchingout1.com

