

Branching Out is a multi-faceted service which offers a variety of enhanced therapeutic services, such as group and individual therapy, to meet the needs of youth and their families.

# GIRL TALK

A place to  
share...



*As young women in adolescence, our relationships become the center of our lives. Our friendships are at the center of our attention, and we do everything to keep in touch to reach out and connect to our friends: unlimited text messages, spend hours on MySpace and Face book...*

*The eight session Girl Talk focuses upon how we communicate and understand our relationships with ourselves, our family members, our friendships, and intimate relationships. Girl Talk is also a fun place where we develop relationships with each other and create a support group with girls facing the same challenges in their lives.*

*Dates: September 22, October 6, October 20, November 3, November 17, December 1 and December 15, 2010 and (6pm-7:30pm) and December 22, 2010 (10am-3pm-Girl Fun Day)  
Girl Talk is for Girls Aged 13(grade 8) to 18 (grade 12)*

For more information  
or to make a referral,  
contact:

Branching Out  
29 Crescent Hill Drive North  
Brampton, Ontario  
L6S 1C6  
905-799-7589

[info@branchingout1.com](mailto:info@branchingout1.com)

Session Cost:  
\$255 per participant plus HST  
Dinner provided

[www.branchingout1.com](http://www.branchingout1.com)

