

Branching Out is a multi-faceted service which offers a variety of enhanced therapeutic services, such as group and individual therapy, to meet the needs of youth and their families.

# INDEPENDENCE PREPARATION

Almost on  
my own!



This is a crash course in learning to live on your own. Each attendee receives a booklet upon attendance and a scenario. They spend the day in role play as teens living on their own. They learn life skills as well as dealing with the realities of living on your own.

Go through the day as if you are on your “own”.

- Do you have a Social Insurance Number?
- Do you have the skills that you need to get a part-time job?
- Do you know where to look for the things you need for your “own” place?
- Do you know how to create a budget?
- Do you want to hear from other teens about their experiences on Extended Care and Maintenance?

For more information  
or to make a referral,  
contact:

Branching Out  
29 Crescent Hill Drive North  
Brampton, Ontario  
L6S 1C6  
905-799-7589

[branchingout1@sympatico.ca](mailto:branchingout1@sympatico.ca)

Each one day session costs  
\$65 per participant,  
including lunch.

[www.branchingout1.com](http://www.branchingout1.com)

