

Branching Out is a multi-faceted service which offers a variety of enhanced therapeutic services, such as group and individual therapy, to meet the needs of youth and their families.

# PLAY THERAPY

Children learn  
best when  
having fun.



For more information  
or to make a referral,  
contact:

**Branching Out**  
29 Crescent Hill Drive North  
Brampton, Ontario  
L6S 1C6  
905-799-7589

[info@branchingout1.com](mailto:info@branchingout1.com)

Individual sessions cost  
\$80 per participant.

Adults can talk about their feelings and problems, however, children or teenagers often show us how they are feeling by their behaviours. A Play Therapist can provide the tools and the insight into a child's world. Individual Play Therapy is an in-depth look at the themes and issues that emerge during their play.

The tools of the therapist include:

- puppets
- therapeutic games
- theraplay activities
- role-playing
- sand tray
- therapeutic story-telling

Summary reports that include recommendations and strategies can be shared with the child's parents, legal guardians or caregivers.

Our therapists are located in Barrie, Brampton, Cambridge, Minto-Clifford and Pickering. Sessions may be held in our Therapeutic Playrooms, in home or an appropriate community setting.

[www.branchingout1.com](http://www.branchingout1.com)

